R3 dominates archery demo game finals

By Abely Mercado

Forget about the decline of archery at one point in world history for the once-rendered obsolete event is now rapidly developing as one exciting sport both globally and nationally.

This year's National SCUAA Olympics has just proven this when archers from all over the country met for a demonstration game where Region 3 finished dominant.

Archers from the Central Luzon Region showed off their elite aiming skills as they conquered archery in the Olympics.

For the Olympic rounds, male and female divisions, John Romel Duazo and Crystal Joy Palilio brought home the gold medals.

John Carlo Pineda and Aimee Jane Pineda worked hard to snatch the silver medals.

Bernard Paul Pineda and Divina Mappala earned the bronze medals.

The said archers all hail from Region 3.

After the Olympic rounds, players also participated in the mix doubles which consisted



National SCUAA archers show off their elite aiming skills during the demo game. (Photo courtesy of author)

'Yolanda' survivors stand men's volleyball q' finals

By Denmark A. Orita and Rochelle A. Nera

Region 8-Eastern Visayas spiked Region 9-Western Mindanao in the quarter finals of volleyball men's division held at the Carig Court on Feb. 11, 3-1.

Region 8 nailed the first set by dumping scores to Region 9, 25-18, but Region 9 picked up its tempo blocking the hits of Region 8 to take the second set, 26-24.

Region 8 reclaimed the lead by killing 5 attacks of Region 9, ending the third set, 25-20, then, owned the court in the fourth set, 25-21, to close down R9.

Eastern Visayas will advance to the semifinals with Autonomous Region of Muslim

NCR advances to

Mindanao which won against the National Capital Region, 3-0.

Central Luzon will also move to the next round after sweeping Bicol in 3 sets, 3-0, with SOCCKSARGEN which nipped Central Visayas, 3-1.

When asked about the team's inspiration, team captain Andrew Tan said that they fought for God and for the victims of typhoon 'Yolanda.'

"We stand strong for every Waraynon. Inaalay namin to kay God and to all the people of our region", said the 'Yolanda' survivor.

leaving the opponent behind scoring 21-17 during the first set.

However, Region 5's rookie duo caught momentum and gained full control in set 2.

Back to back hits coming from the spikers

Back to back hits coming from the spikers shoved NCR ahead with a 6-0 run, 18-12.

Attacking errors and service miscues of NCR's tandem gave Bicol's team a winning score of 21-15.

Both teams carried on neck and neck during the deciding set but it ended up in favor of the NCR's tandem.

"We feel so happy and proud because all the preparations we made and the long trip all the way here is all worth it," Noli Difasupil, RV coach, said.

Is the National SCUAA 2015 Olympics GAD sensitive?

By Jocelyn D. Tuscano, PhD, CSU-GAD Focal Person

Since sports require much physical contact, it can easily be said that sports is dominated by men. But, does this observation hold true to the ongoing National SCUAA 2015 Olympics hosted by the Cagayan State University?

The Gender and Development Office (GAD) of CSU spent time to seek an answer to this question. Based on its data, a total of 4,482 male and female athletes and coaches arrived in Tuguegarao City to join the Olympics. Delegates come from 12 regions of the Philippines including the Autonomous Region of Muslim Mindanao, Cordillera Administrative Region, National Capital Region and Caraga.

The following shows the proportion of male and female athletes and coaches:

Coaches 573 179 Athletes 2,212 1,518 Overall 2,758 1,697

By Rochelle A. Nera and Denmark A. Orita NCR's Cielo Palahang and Jonafer San

championship round

Pedro crashed Bicol Region's tandem of Cedie Vendiola and Rosana Roldan in the Women's Beach Volleyball Semi finals, 2-1, to get a shot at pinning the championship title.

The two undefeated tandems squared off strong in game 2 of the semi-finals, clearing their paths to a championship slot.

Palahang and San Pedro bucked a good start

>> Page 2

R1 secures semi-finals berth

By Michael Lavadia

It wasn't the finest of ball games for either those who witnessed it or the Ilocos Region players themselves in this year's SCUAA National Olympics so far, but it was enough for a squad not expecting much from the tournament.

Region 1 will still be seeing action in the hardcourt as it frustrated Southern Tagalog, 76-60 in yesterday's no-more-tomorrow matchup, making it to the semi-final picture which begins tomorrow, Feb.12 at the Cagayan Sports Complex.

The game appeared to be unusual, however, as only one player scored in double digits for either team.

Also, it was strange how R1 managed to limit its opponent to 15 points in all four quarters; then, making the Tagalogs feel as though the game was out of reach with yet 5 minutes to play in regulation.

Despite having Manny Santos as its lone bright spot, the Ilocanos pulled away with the much-needed win after a 12-0 run to open the last period that spoiled R4's attempt to recover.

Santos finished the contest with a gamehigh 27 points, Angelo Oducayen and Darwin Valmonte added 8 pts. each while four other players chipped in at least 4.

Meanwhile, R4'S Padua delivered 15 markers to lead the team in scoring while six other players scored at least 6.

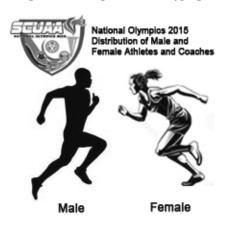
In their post-game huddle, R1 coach Paolo Jan Samson confessed how surprised he was about his players performance.

"Grabe! Di natin 'to ineexpect. Di natin akalain na murder ang kalalabasan ng laro," he uttered

Is the National... from page 1

It is enlightening to note that 38 per cent of the delegates are women. Forty-one per cent of the athletes is female, and 24 per cent of the coaches is female. This figures lead us to conclude that the National SCUAA 2015 Olympics is one of the activities of the Philippine Association of State Universities and Colleges (PASUC) that adhere to the provision of the Implementing Rules and Regulations of the Magna Carta of Women, Rule IV section 17, which reads:

"The state shall develop, establish and strengthen programs for the participation of women and girl-children in competitive and non-competitive sports as means to achieve excellence, promote physical and social wellbeing, eliminate gender stereotyping and



Athletes and Coaches

62% 38%

Athletes

59% 41%

Coaches

67% 24%

provide equal access to the full benefits of development for all persons, regardless of sex, gender and other similar factors."

The figures show that PASUC is becoming more GAD responsive as indicated by the increasing participation of women in sports and related activities. We hope that PASUC and its members sustain these activities and introduce more gender mainstreaming advocacies infused in its future programs and projects.

Region 6, 3, NCR continue to impress in chess

Region 6, 3 and NCR again prevailed in the succeeding rounds of chess tournament on Feb. 9-10, 2015 at CSU Carig.

On rounds three, five and six, Western Visayas defeated NCR, Bicol, and Ilocos region with a score of 3.5-.5, 3.5-.5 and 4-0, respectively in men's division.

Cagayan Valley also garnered a score of 3.5 - 5 against llocos region in round three, while NCR outwitted Region I, 4-0 in round four

Moreover, Central Luzon, Bicol, Central Visayas, all 4-0 in round seven, while Northern Mindanao and NCR both earned 3.5-.5 score in men's division.

On the other hand, delegates from Central Luzon and NCR dominated the women's division in rounds four, five and eight.

Central Luzon garnered 4-0 defeating Eastern Visayas in round four. Representatives from the said region also gained 4-0 against Cagayan Valley in round five.

NCR also tallied two 4-0's against Davao Region and Cordillera Administrative Region.

Meanwhile, Eastern Visayas blanked Ilocos region, 4-0; Bicol outsmarted ilocos region, 3.5-.5; Northern Mindanao shamed Central Visayas and Southern Tagalog took in Cagayan Valley both earned 4-0 in rounds three, five and six, respectively. *By Xandra Louise E. Rabanal*

Region 12 tramples Region 8 for 2nd time

SOCCKSARGEN washed out Eastern Visayas for the second time in the semi finals of the volleyball men's division held at the Cagayan Sports Complex on Feb. 11, 3-1.

Region 8 conquered the first set by hitting hard attacks to Region 9, ending the close set, 25-23.

Region 12 regrouped in the second set dumping the hits of Region 8 with 11-point gap, finishing the set with 25-14.

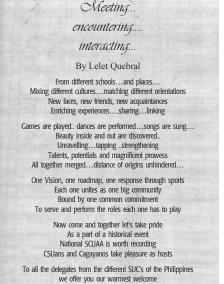
SOCCKSARGEN battled head-to-head with Eastern Visayas

Region 10 spikes off Region 5 in Sepak Takraw q'finals



Angelo Agcopra (right) posts a winning cartwheel to his team rival.

Powered by unstoppable cartwheels and wallops, region 10 beat Region 5 in sepak takraw quarter finals game 2, 2-0, Feb. 11. In the first regu, Raymart Catubig of R10 unleashed 9 cartwheels and 5 headshots that made them finish the set, with a 6-point margin, 21-15. However, in the second set, R10 even powered up and nailed R05 using their set play tactics to own the first Regu, 21-18, in favor of R10. Meanwhile, in the first set of the second Regu, Angelo Agcopra, R10's top seed, played excellent individual defense blocking the cartwheels of R5's Sulpicio to extend the gap, 21-16. To secure R10's victory, Agcopra continued his spectacular play as he amazed the crowd, launching his strong cartwheels to complete a 2-Regu sweep, 21-19. "Constant practice, cooperation and attitude, 'yan ang sikreto namin to make it to the semis," said Ronel V. Sudaria, R10 sepak takraw headcoach. Meanwhile, on the same day of Quarter Finals, NCR defeated Soccksargen at game 1 (2-0), Region 3 beat Region 9 (2-0), in game 3; Western Visayas lorded over Southern Tagalog (2- 1). The winning teams are expected to compete tomorrow for the Semi- Finals at the Sepak Takraw court at the back of CICS building at CSU- Carig Campus. By Manases A. Lacambra and Sarah Jane Redoble



Corrections:

In the article, "NCR dancesport rule tilt," which appeared on page 5 of our Feb. 9 issue, we interchanged the places of the 1st runner-up and 2nd runner-up in the LA category. The 1st runner-up should have been Shane Marie Gestosani and Justin Nories Bautista and not Darlene Callas and Eric John Colpuz. The coach of Gestosani and Bautista is Prof. Noel Mondejar of West Visayas State University. We apologize for this error including that of coach Jertudez Lopez, who we refered to as "his" instead of "her."

may you find a home away from your homes

and may we build a stronger friendship;

And when we see each other again, We hope to sustain the friendship gained.

For this experience of having you in this school, Is indeed a memory and treasure to keep!

COSCO SCULVA Applates

NCR champs women's arnis tournament

By Racquel Taguiam

Displaying stunning moves and methodical execution of attacks and counterattacks, the National Capital Region (NCR) placed first in women's division pro active arnis league during the National State Colleges and Universities Athletic Association (SCUAA) 2015 Olympics, Feb. 11.

The NCR Arnis women garnered a total of 3 golds, 2 silvers and a bronze on different arnis events.

Jacquelyn Sotabento topped the Welter weight division with Ann Jennette Brillantes in the bantam weight division and Juhaivrah Harim in the middle weight division.

Awards were given also to pin weight Sharmine Joy Galang (Silver) and feather weight Desiree Quirog (Silver).

Caraga tandem Sarah Jane David and Patricia Mae Bejerano took bronze in light weight division.

Regions 6, 7, 4 and 9 were awarded 2nd, 3rd, 4th and 5th places, respectively.

"Hindi ko ine expect na mananalo kami dahil kulang na kulang kami sa mga gamit sa pakikipaglaban," said Prof. Luz Arroyo, NCR women arnis coach.

R3 dominates... from page 1

of the top male and female archers from the different regions.

Again, Central Luzon dominated this match after finishing first place, followed by Region 4 (second place), and Region 2 (third place).

Moreover, Central Luzon also proved supreme when it took over the team competition, with Region 2 in the second spot and Region 4 in the third position.

According to one of the archers from region 2, the archers of Central Luzon aimed for the X and yellow marks which are equivalent to 9 and 10 points, respectively, wherein they did not miss a shot.

Why do beach volleyball players wear bikinis, tight tops?

By Kristinne Joyce De Leon

I was supposed to write a different topic for today's issue however I have decided to write about feminism in sports. This was due to a question, deemed valid, posed by a spectator during the beach volleyball competition held at Carig. She asked, "Bakit ang mga babae ang sesexy, naka two-piece pero ang mga lalaki nakashorts at sando. Ang unfair!"

Beach volleyball, a popular recreational activity throughout the world, was believed to have started in Hawaii in 1915. It began as a form of family fun at the beach and as years passed it was being played all over the world. According to sources, the sport was given a boost during the Great Depression when cashtrapped Americans flocked to the beaches to play what was virtually a no-cost pastime and a free source of entertainment. Until then, it became a demonstration sport at the 1992 Olympics in Barcelona and shortly afterward it was included in the 1996 Olympics in Atlanta.

The television helped in making the sport become an instant hit. With media, the sport was modified and its players glamorized and marketed as an exciting and highly competitive TV sport by networks during the late 1980s. For many viewers, according to sources, the main attraction of beach volleyball – especially women's beach volleyball – is its soft porn aspects of the beautiful, tanned, semi-naked bodies bouncing and falling around in the sand while TV camera operators seek to get the most provocative views of the athletes' bodies. Some contend that





televised beach volleyball was largely responsible for popularizing the sport to the point that it was adopted as an Olympic event.

Olympic beach volleyball, according to literatures, was chastised by feminists as a sport that did little more than display scantily clad women for the delight of television viewers and spectators in the stands. Authors contend that patriarchal social practices in media are responsible for the objectification of women in sports. This leads to distorted body images for girls. Young girls and women are being told by the media to be thin and sexy. Promoting fitness is certainly a positive attribute of the media, as obesity continues to be a growing problem in the society.

Women have to be sexual and desirable to gain some attention as men do. This can be seen in the uniforms that they wear. In tennis, they wear very short skirts and tight tops that show off their bodies. In volleyball, women are usually in very tight short shorts or even bikinis in beach volleyball. Authors argue that women don't need to have these types of uniform to functionally play their sport. This is a strategy to get more

Literatures on femininity opine that being sexual is definitely an attempt to grow popularity in female athletics but there are also underlying attempts to perform gender roles. Female athletes struggle with the conflicts of being an athlete and being a female in society. Athletics is predominately seen as a masculine thing and females in athletics are deemed masculine in

society unless they prove otherwise. Women athletes suffer the stigma of being perceived as a "lesbian". The effects of sports also pertain to women's body. The socially constructed idea that women must have slim toned bodies is incongruent with many bodies that athletes have. According to the article Living the Paradox: Female Athletes Negotiate Femininity and

Masculinity, this conflict is described as living in two different cultures, the sport culture and their larger social culture. These ideals crash and create in internal conflict with female athletes. Because of the nature of sports and the role of gender in our society, women must over sexualize themselves and prove that they are still feminine in spite of the fact that they are athletes. Once again gender is a socially constructed idea that one must achieve. Female athletes must try harder than others to achieve that status.



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R3, NCR to face off for volleyball title



Powerhouse National Capital Region to take a shot at dominance once again in the Final Round of Women's Volleyball Tournament. (Photos courtesy of the authors)

By Janice Joy Balanza, Mary Rose Marvas, Susette Vicente and Efren Reyes Jr.

After shutting off their last assignments, Bracket B's best Central Luzon and Bracket C's powerhouse National Capital Region (NCR) will battle head-to-head for the Championship round of the Volleyball Tournament Women's Category.

The National Capital Region of bracket C is also advancing to finals after bringing down the region 9, 3-1.

Prior to earning a Finals appearance, Central Luzon needed four sets to send Region II home, 3-1

Region III dominated the first two sets, 25-17, 25-19, fell short in third, 27-15, but came back strong to close out the game, 25-20.

The third set favored Cagayan Valley 27-25, which made the Central Luzon more determined to plat and posted a 6-point lead in the fourth set that caused the fall of R02.

On the other hand, unbeatable National Capital Region spikes who had the three straight wins in the elimination round and a victory in quarter finals clipped the mighty Region 09 in the semis.

NCR nipped R09 with an 8-point lead in the second set, 10-points in the third set, and 16 points in the fourth set.

In an interview, with the head Coach of the NCR team Mr. Wendel M. Padilla, he said that they did not have much preparation because their midterm exam was ongoing that time. He even added that other regions are eager to defeat them.

Meanwhile, during the quarter finals, Region 3 which defeated Region 2 also murdered Region 8 Bracket A, 3-1.

R10 blanks CAR in game 13; 6-0

By Rosemarie N. Batang and Bernadeth E. Heralde

Region 10 took away everything the Cordillera Administrative Region could offer in the elim rounds of the lawn tennis singles division, game 13 Bracket D, at CSU-Carig lawn Tennis Court 2, Feb. 11.

After struggling in his game, Bryan Balbanida dominated CAR's player, Mar Jhun Alvarez when he ruled the court leaving the former a love score to give him 6 straight points.

Amidst the scorching heat of the sun, Balbanida gave no chance for his opponent Alvarez to have at least a single point.

When asked about his secret to victory, Balbanida said that "practice, training and vitamins" led him to win the game.

"Hindi ako sure kung makakapasok pa ako sa finals kasi malalakas ang mga kalaban ko, lalo na ang ARMM at NCR," he added.

Meanwhile, in game 11, Bracket B, second

singles and doubles, R13 defeated R06 leaving a love score to six in doubles and 6-2 second singles; though they lost in first singles 6-5 to CAR, they ended the competition strong.

Also, in game 12: clash between R02 and NCR, the latter ruled the game by winning doubles and second singles with their powerful smashes against their opponents.

Furthermore, in game 14 between R02 and R08 doubles, Jherick Piscos and Jake Jason Basilad of region 8 combined forces to squash R02's defense, 6-3.

In the elimination round, game 15 was played between ARMM and R07, the former crashed the latter in singles, 6-3, and won the Doubles Division with a score of 6-4.

Region's advancing to the quarter finals are R1, R2, R3, R4, R8, R10, R13, NCR and ARMM.

Region 3 upsets NCR, earns final spot

By Rochelle Nonato and Alyssa Faith Chua

Central Luzon locked up a finals spot after outbatting the National Capital Region in Game 9 of the baseball semi-finals, 6-5, at the Cagayan State University (CSU) Carig Oval, Feb. 11.

With firm defense and intact teamwork of both teams, R3 and NCR did not give a chance to each other for a score, ending the first inning to 0-0.

However, R3 dominated the second inning as they erupted through their tricky batting and speedy running blanking the opponent, 2-0.

In the third inning, NCR made a come-back out of the negligence of R3's center field catcher giving them scores, 2-1.

Again, the fourth inning became intense as both teams did not gain any point, 0-0.

As the fifth inning started, R3 felt complacent after scoring a run but was stunned when NCR scored a game-tying two runs, 4-4.

The umpire then called for another inning but the two teams did not allow themselves to be left behind as they both successfully scored one run each, extending the game to the seventh inning, 5-5

During the seventh inning, R3 made sure of their win as Ranier Maniquiz slid to victory ending the match, 6-5.

According to Jeffrey Tipase, team captain of R3, they won because the opponent's fielders failure to do their jobs properly.

"Dahil sa teamwork namin, nanalo kami kahit dikit ang laban at masayang-masaya kami kasi kami pa ang naunang waiting para sa championship kaya malaking blessing ito galing kay Lord," he added.

Meanwhile, these were the results of the semi-final from games 2 to 8: R4 surpassed R6, 7-6, R3 won over CAR, 3-0, R2 defeated R1, 6-4, NCR blanked R4, 8-0, R3 outshined R2, 3-2, R6 outmatched R5, 5-0, and CAR nipped R1, 4-3.

Moreover, the results of games 10 to 12 are as follows: R2 slid past R6, 3-1, R4 escaped CAR, 5-4, and lastly, R4 vanquished R2, 5-1.

Region 12 tramples... from page 2

by blocking series of spikes from the latter, closing the set with 26-24.

Region 12 killed 5 hits of Region 8, wrapping up the game with a score of 25-20.

SOCCKSARGEN will face the Autonomous Region of Muslim Mindanao who dismissed Central Luzon from the championship, 3-1.

In an interview, Region 12's Team Captain Eliverjay Soverano said they leveled up their defense because their opponent had improved in their perfromance.

"Nilakasan lang namin yung blocks at sa tuwing babalik yung bola, pinapatay namin agad," Soverano said. *By Denmark A. Orita and Rochelle A. Nera*

